## POT LUCK DINNER AND DANCE BEDFORD UNITED CHURCH

JUNE 8, 2019 DOORS OPEN 6.00PM - DINNER AT 6.30PM

## 1) Espie McNabb

1-4 $1^{\text {st }}, 2^{\text {nd }}$ and $3^{\text {rd }}$ couples set to partners and, giving right hands, cross over.
5-8 $\quad 1^{\text {st }}, 2^{\text {nd }}$ and $3^{\text {rd }}$ couples repeat bars 1-4.
9-16 $\quad 1^{\text {st }}$ couple lead down the middle and up to finish in original places.
17-20 $1^{\text {st }}$ couple set to each other and cast off one place. $2^{\text {nd }}$ couple step up on 19-20.
21-24 $1^{\text {st }}$ couple, giving right hands, turn once round to finish in second place own sides.
25-32 $2^{\text {nd }}, 1^{\text {st }}$ and $3^{\text {rd }}$ couples dance six hands round and back.

## 2) The Punch Bowl

 32RBk. 5, \#5
1-4 $\quad 1^{\text {st }}$ couple, giving right hands, cross over and cast off one place on opposite sides.
5-8 $\quad 1^{\text {st }}$ couple, giving left hands, cross over and cast off below $3^{\text {rd }}$ couple on own sides to finish with first woman, followed by her partner, in the middle of the set facing out between $2^{\text {nd }}$ and $3^{\text {rd }}$ women.
9-16 $\quad 1^{\text {st }}$ woman, followed by her partner, dances between $2^{\text {nd }}$ and $3^{\text {rd }}$ women. $1^{\text {st }}$ woman casts off around $3^{\text {rd }}$ woman and $1^{\text {st }}$ man casts up round $2^{\text {nd }}$ woman. $1^{\text {st }}$ couple meet and, giving right hands, lead between $2^{\text {nd }}$ and $3^{\text {rd }}$ men, cross and cast, $1^{\text {st }}$ woman up round $2^{\text {nd }}$ man and $1^{\text {st }}$ man down round $3^{\text {rd }}$ man to finish with $1^{\text {st }}$ couple in the middle of the set facing down.
17-24 $1^{\text {st }}$ couple lead down the middle and up to finish facing partner in the middle of the set with both hands joined. $2^{\text {nd }}$ couple step in.
25-32 $1^{\text {st }}$ and $2^{\text {nd }}$ couples dance a poussette.
3) Lady Susan Stewart's Strathspey 32S

MMM

1-8 First couple cast off and dance down behind own lines and then cast up to original places.
9-16 $\quad 1^{\text {st }}$ couple lead down the middle and up the cast off one place. $2^{\text {nd }}$ couple step up on bars 15-16.
17-24 $2^{\text {nd }}, 1^{\text {st }}$ and $3^{\text {rd }}$ couples dance six hands round and back. $1^{\text {st }}$ couple finish facing first corners.
25-30 $1^{\text {st }}$ couple set to first corners, set to each other, set to second corners and finish facing partner up and down the set.
31-32 $1^{\text {st }}$ couple clap, and turn right about into second place on own sides of the dance.

## 4) C'est L'Amour or The Flirt

1-8 $\quad 1^{\text {st }}$ woman casts off one place and sets to $2^{\text {nd }}$ man, then casts off again and sets to $3^{\text {rd }}$ man. $2^{\text {nd }}$ woman steps up on bars 1-2 and $3^{\text {rd }}$ woman on bars 5-6.
9-12 $\quad 1^{\text {st }}$ woman casts up one place while $1^{\text {st }}$ man casts off one place, then $1^{\text {st }}$ couple set. $3^{\text {rd }}$ woman steps down and $2^{\text {nd }}$ man steps up on bars 9-10.
13-16 $1^{\text {st }}$ woman casts up finishing in the middle of the set in top place facing down, while $1^{\text {st }}$ man casts off finishing in the middle of the set in third place facing up, then $1^{\text {st }}$ couple set. $2^{\text {nd }}$ couple step down and $3^{\text {rd }}$ couple step up on bars 13-14.
17-24 $1^{\text {st }}$ woman with $2^{\text {nd }}$ couple and $1^{\text {st }}$ man with $3^{\text {rd }}$ couple dance three hands round and back. $2^{\text {nd }}$ and $3^{\text {rd }}$ couples finishing in the middle of the set with nearer hands joined, $2^{\text {nd }}$ couple facing up, $3^{\text {rd }}$ couple facing down.
25-28 $1^{\text {st }}, 2^{\text {nd }}$ and $3^{\text {rd }}$ couples set then $1^{\text {st }}$ couple dance under arches made by $2^{\text {nd }}$ and $3^{\text {rd }}$ couples into second place on own sides. At the same time, $2^{\text {nd }}$ couple dance up to top place and $3^{\text {rd }}$ couple down to third place.
29-32 $2^{\text {nd }}, 1^{\text {st }}$ and $3^{\text {rd }}$ couples turn partners with right hands.
5) Catch the Wind

32H
Bk 45 \#5
1-4 $\quad 1^{\text {st }}$ couple set and cast off one place: $2^{\text {nd }}$ couple step up on 3-4.
5-8 $\quad 1^{\text {st }}$ couple dance a half figure of eight round $2^{\text {nd }}$ couple.
9-12 $\quad 1^{\text {st }}$ couple set twice. On bars $11-12,1^{\text {st }}$ woman pulls back right shoulder to finish facing out.
13-16 $1^{\text {st }}$ woman casts up round $2^{\text {nd }}$ man and dances down to finish between $3^{\text {rd }}$ couple facing $3^{\text {rd }}$ man while $1^{\text {st }}$ man dances across the set and casts up round $2^{\text {nd }}$ man to finish between $2^{\text {nd }}$ couple facing $2^{\text {nd }}$ man.
17-24 $1^{\text {st }}$ man dances a reel of three with $2^{\text {nd }}$ couple passing $2^{\text {nd }}$ man by the right to begin while $1^{\text {st }}$ woman dances a reel of three with $3^{\text {rd }}$ couple passing $3^{\text {rd }}$ man by the right to begin.
25-28 $1^{\text {st }}$ woman casts up round $3^{\text {rd }}$ man and dances across the set to finish in second place on own side while first man dances down the middle and casts up round $3{ }^{\text {rd }}$ man to finish in second place on own side.
29-32 $1^{\text {st }}$ couple turn with the right hand once round.
6) The Braes of Mellinish
(2-clp) 32S
Bk.25, \#12
1-4 $\quad 1^{\text {st }}$ couple, giving right hands, cross over and dance down behind opposite lines. On bar $3,2^{\text {nd }}$ couple, casting off, follow $1^{\text {st }}$ couple.
5-8 $\quad 2^{\text {nd }}$ and $1^{\text {st }}$ couples turn away from partners and dance up for two steps, $2^{\text {nd }}$ couple leading. $2^{\text {nd }}$ woman and $1^{\text {st }}$ man, giving left hands, $2^{\text {nd }}$ man and $1^{\text {st }}$ woman, giving right hands, turn to finish in a line of four, all facing down, $1^{\text {st }}$ couple between $2^{\text {nd }}$ couple.
9-12 $1^{\text {st }}$ and $2^{\text {nd }}$ couple dance down the middle, turning right about to face up on bar 12.
13-16 $1^{\text {st }}$ and $2^{\text {nd }}$ couples dance up. On bar $14,1^{\text {st }}$ couple dance ahead off $2^{\text {nd }}$ couple, who dance in behind them. On bars $15-16,1^{\text {st }}$ couple cast to second place on opposite sides and $2^{\text {nd }}$ couple dance up and cast into first place on own sides.
17-24 $2^{\text {nd }}$ and $1^{\text {st }}$ couples dance a ladies' chain.
25-28 $1^{\text {st }}$ couple dance half of figure of eight round $2^{\text {nd }}$ couple.
29-32 $2^{\text {nd }}$ and $1^{\text {st }}$ couples, giving right hands, turn once around.

1-4 $\quad 1^{\text {st }}$ couple dance in and cast off two places. $2^{\text {nd }}$ and $3^{\text {rd }}$ couples step up on bars 3-4.
5-8 $\quad 2^{\text {nd }}, 3^{\text {rd }}$ and $1^{\text {st }}$ couples set to partners and, giving right hands, turn halfway round to finish in allemande hold, all facing down.
9-16 $2^{\text {nd }}, 3^{\text {rd }}$, and $1^{\text {st }}$ couples dance an allemande. Order now $1,3,2$ all on opposite sides.
17-20 $1^{\text {st }}$ man, followed by $3^{\text {rd }}$ and $2^{\text {nd }}$ men cross over and dance down the men's side. At the same time, $1^{\text {st }}$ woman followed by $3^{\text {rd }}$ and $2^{\text {nd }}$ women cross over below the men and dance down the women's side to finish in the order $2,3,1$.
21-24 $1^{\text {st }}$ couple (now in third place) dance up the middle and cast off to second place on own sides. $3^{\text {rd }}$ couple step down on bars 23-24.
25-28 $1^{\text {st }}$ woman and $2^{\text {nd }}$ couple, $1^{\text {st }}$ man and $3^{\text {rd }}$ couple dance right hands across once round. On bar $28,1^{\text {st }}$ couple pass by the right.
29-32 $1^{\text {st }}$ man and $2^{\text {nd }}$ couple, $1^{\text {st }}$ woman and $3^{\text {rd }}$ couple dance left hands across once round. $1^{\text {st }}$ couple finish in second place on own sides.
8) The British Grenadiers

1-4 $\quad 1^{\text {st }}, 2^{\text {nd }}$ and $3^{\text {rd }}$ women advance and retire.
5-8 $\quad 1^{\text {st }}, 2^{\text {nd }}$ and $3^{\text {rd }}$ men repeat bars 1-4.
9-16 $\quad 1^{\text {st }}$ couple, followed by $2^{\text {nd }}$ and $3^{\text {rd }}$ couples, cast off two places and, giving right hands to partners, lead up to original places.
17-24 $1^{\text {st }}, 2^{\text {nd }}$ and $3^{\text {rd }}$ couples dance six hands round and back. $1^{\text {st }}$ and $2^{\text {nd }}$ couples finish in the middle of the set facing partners with both hands joined. $3^{\text {rd }}$ couple finish in original places.
25-32 $1^{\text {st }}$ and $2^{\text {nd }}$ couples dance a pousstte.

1-4 $\quad 1^{\text {st }}$ couple, giving both hands, turn and cast off one place. $2^{\text {nd }}$ couple step up.
5-8 $\quad 1^{\text {st }}$ couple, giving both hands, turn and $1^{\text {st }}$ woman casts up to finish between $2^{\text {nd }}$ couple who face down and $1^{\text {st }}$ man casts off to finish between $3^{\text {rd }}$ couple who face up.
9-12 All set twice. On bars 11-12, $1^{\text {st }}$ couple turn to their right into second place on opposite sides.
13-16 $2^{\text {nd }}, 1^{\text {st }}$ and $3^{\text {rd }}$ couples set twice, $1^{\text {st }}$ couple advancing on bar 15 , pulling back left shoulders on bar 16 to face first corners.
17-24 $1^{\text {st }}$ couple set to and turn corners to finish in the middle facing the men's side of the set, $1^{\text {st }}$ woman on her partner's right.
25-28 $1^{\text {st }}$ couple lead out between $2^{\text {nd }}$ and $3^{\text {rd }}$ men, $1^{\text {st }}$ woman crossing in front of her partner to dance down round $3^{\text {rd }}$ man while $1^{\text {st }}$ man dances up round $2^{\text {nd }}$ man. $1^{\text {st }}$ couple meet in the middle facing the women's side of the set.
29-32 $1^{\text {st }}$ couple lead out between $2^{\text {nd }}$ and $3^{\text {rd }}$ women, $1^{\text {st }}$ woman crossing in front of her partner to dance up round $2^{\text {nd }}$ woman into second place while $1^{\text {st }}$ man dances down round $3^{\text {rd }}$ woman and crosses into second place on own side.

1-8 $\quad 1^{\text {st }}, 2^{\text {nd }}, 3^{\text {rd }}$ and $4^{\text {th }}$ couples advance and retire, then cross, women dancing under arches made by the men; all curve by right after crossing.
9-16 Repeat bars 1-8 to original places, men passing under arches made by the women.
$17-20 \quad 1^{\text {st }}$ couple, giving right hands, turn one and a half times.
21-22 $1^{\text {st }}$ man and $2^{\text {nd }}$ woman, $1^{\text {st }}$ woman and $2^{\text {nd }}$ man, giving left hands, turn once round.
23-24 $1^{\text {st }}$ couple, giving right hands, turn once round in the middle of the set.
25-28 $1^{\text {st }}$ couple repeat bars 21-24 with $3^{\text {rd }}$ couple.
29-30 $1^{\text {st }}$ couple, giving left hands, turn $4^{\text {th }}$ couple once round.
31-32 $1^{\text {st }}$ couple, giving right hands, turn halfway round to give both hands and form an arch in the middle of the set.
33-40 $2^{\text {nd }}$ couple, followed by $3^{\text {rd }}$ and $4^{\text {th }}$ couples, cast off to the foot of the set and dance up through the arch to the top. $1^{\text {st }}$ couple step back to the sides on bar 40.
11) The Sailor

32H
Bk. 24, \#4
1-2 $1^{\text {st }}$ couple, giving right hands, cross down, $1^{\text {st }}$ woman to face $2^{\text {nd }}$ and $3^{\text {rd }}$ men, $1^{\text {st }}$ man to face $2^{\text {nd }}$ and $3^{\text {rd }}$ women. $2^{\text {nd }}$ couple step up.
3-4 $1^{\text {st }}$ woman with $2^{\text {nd }}$ and $3^{\text {rd }}$ men and $1^{\text {st }}$ man with $2^{\text {nd }}$ and $3^{\text {rd }}$ women, joining nearer hands, set.
5-8 $\quad 1^{\text {st }}$ woman casts up round 2 nd man to finish between $2^{\text {nd }}$ couple, all facing down, $1^{\text {st }}$ man casts down around $3^{\text {rd }}$ woman to finish between $3^{\text {rd }}$ couple, all facing up. All set in lines of 3 across.
9-16 $\quad 1^{\text {st }}$ woman with $2^{\text {nd }}$ couple and $1^{\text {st }}$ man with $3^{\text {rd }}$ couple dance reels of three across the set. To begin, $1^{\text {st }}$ woman and $2^{\text {nd }}$ man, $1^{\text {st }}$ man and $3^{\text {rd }}$ woman pass by the right. $1^{\text {st }}$ couple finish in $2^{\text {nd }}$ place on opposite sides.
17-24 $1^{\text {st }}$ couple lead down the middle ( 2 steps) and up, cross at the top and cast off one place on own sides.
25-32 $2^{\text {nd }}$ and $1^{\text {st }}$ couples dance rights and lefts.

## 12) The Sauchie Haugh

1-8 $\quad 1^{\text {st }}$ couple lead down the middle and up to finish in the middle facing down. $2^{\text {nd }}$ couple step in on bar 8 and face up.
9-16 $\quad 1^{\text {st }}$ and $2^{\text {nd }}$ couples dance the rondel. NOTE: The devisor requested the dancers curve the long way into place at the end of the rondel.
17-24 $2^{\text {nd }}$ and $1^{\text {st }}$ women, $2^{\text {nd }}$ and $1^{\text {st }}$ men advance one step and retire one step. $2^{\text {nd }}$ and $1^{\text {st }}$ couples, giving both hands, turn partners once round and dance 4 hands round to the left to finish on own sides, $2^{\text {nd }}$ couple in first place and $1^{\text {st }}$ couple in second place.
25-32 $2^{\text {nd }}$ and $1^{\text {st }}$ couples dance a poussette right round.

1-4 $\quad 1^{\text {st }}$ couple set and cats off one place. $2^{\text {nd }}$ couple step up on bars 3-4.
5-8 $\quad 1^{\text {st }}$ and $3^{\text {rd }}$ couples dance 4 hands round to the left.
9-12 $1^{\text {st }}$ couple set and cast up to original place. $2^{\text {nd }}$ coupe step down on bars 11-12.
13-16 $1^{\text {st }}$ and $2^{\text {nd }}$ couples dance 4 hands round to the left.
$17-20 \quad 1^{\text {st }}$ couple lead down for 2 steps and up for 2 steps to face out.
21-24 $1^{\text {st }}$ couple casts off one place, turn with the right hand once round, and face down. $2^{\text {nd }}$ couple step up on bars 21-22.
25-28 $1^{\text {st }}$ couple lead down between $3^{\text {rd }}$ couple and cast up to $2^{\text {nd }}$ place.
29-32 $2^{\text {nd }}, 1^{\text {st }}$ and $3^{\text {rd }}$ couples, giving right hands to partners, turn once round.

## 14) The Highland Rambler

## Leeds Silver Jubilee

1-4 $\quad 1^{\text {st }}$ couple dance in towards each other and cast off one place. $2^{\text {nd }}$ couple step up on bars 3-4.
5-8 $\quad 1^{\text {st }}$ and $3^{\text {rd }}$ couples dance right hands across.
9-12 $\quad 2^{\text {nd }}$ and $1^{\text {st }}$ couples dance left hands across: $1^{\text {st }}$ couple finish facing the women's side of the dance. $1^{\text {st }}$ woman in front of her partner.
13-16 $1^{\text {st }}$ woman, followed by her partner, casts up round the $2^{\text {nd }}$ woman and dances down the middle to finish between $3^{\text {rd }}$ couple; $1^{\text {st }}$ man finishes between $2^{\text {nd }}$ couple. All face down.
17-24 All dance down and, turning right about, all dance up. ${ }^{\text {st }}$ couple remain facing up on bar 24.

25-28 $1^{\text {st }}$ man, followed by his partner, casts off to $2^{\text {nd }}$ place on the women's side and crosses to his own side. On bar 28, he pulls back his right shoulder to face his partner.
29-32 $1^{\text {st }}$ couple turn with the right hand once round, to finish in $2^{\text {nd }}$ place on own sides.
33-40 $2^{\text {nd }}, 1^{\text {st }}$ and $3^{\text {rd }}$ couples dance six hands round and back.

## 15) Seann Truibhas Willichan ( 3 cpl set)

1-8 $\quad 1^{\text {st }}$ couple cast off behind their own lines, then cast up to original places.
9-12 $1^{\text {st }}$ woman and $2^{\text {nd }}$ man set and change places giving right hands, while $1^{\text {st }}$ man and $2^{\text {nd }}$ woman change places giving right hands and set.
13-16 Repeat bars 9-12 back to original places.
17-24 $11^{\text {st }}$ couple dance down the middle ( 2 steps), turn once round, dance up to the top and cast off to 2 nd place. $2^{\text {nd }}$ couple step up on bars 23-24.
25-28 $2^{\text {nd }}$ and $1^{\text {st }}$ couples set on the sides, then turn partners with both hands once round, opening up to form a circle.
29-32 $2^{\text {nd }}$ and $1^{\text {st }}$ couples dance 4 hands once round to the left.

1-2 $\quad 1^{\text {st }}$ and $2^{\text {nd }}$ women, giving left hands, and $1^{\text {st }}$ and $2^{\text {nd }}$ men, giving right hands turn halfway
to finish $1^{\text {st }}$ couple back to back in the middle of the set at $2^{\text {nd }}$ place and $2^{\text {nd }}$ couple in $1^{\text {st }}$ place.
3-4 $\quad 2^{\text {nd }}, 1^{\text {st }}$ and $3^{\text {rd }}$ couples set as in double triangles.
5-6 $\quad 1^{\text {st }}$ and $3^{\text {rd }}$ women, retaining right hands and $1^{\text {st }}$ and $3^{\text {rd }}$ men, retaining left hands, turn halfway to finish $3^{\text {rd }}$ couple back to back in the middle of the set in $2^{\text {nd }}$ place and $1^{\text {st }}$ couple in $3^{\text {rd }}$ place.
7-8 $\quad 2^{\text {nd }}, 3^{\text {rd }}$ and $1^{\text {st }}$ couples set as in double triangles.
9-16 $\quad 1^{\text {st }}$ couple, followed by $3^{\text {rd }}$ couple, dance up between $2^{\text {nd }}$ couple to the top, cast off one place and dance down the middle to $3^{\text {rd }}$ place. $1^{\text {st }}$ couple cast up to $2^{\text {nd }}$ place while $3^{\text {rd }}$ couple curve into original places.
17-24 $1^{\text {st }}$ couple, passing by the left, turn first corner with the right hand, pass partner by the right, turn $2^{\text {nd }}$ corner with the right hand and, passing by the right, cross over to $2^{\text {nd }}$ place on own sides. Corners dance for 4 bars.
25-32 $2^{\text {nd }}, 1^{\text {st }}$ and $3^{\text {rd }}$ couples dance six hands round and back.

