POT LUCK DINNER AND DANCE BEDFORD UNITED CHURCH JUNE 8, 2019 DOORS OPEN 6.00PM – DINNER AT 6.30PM

1) Espie McNabb 32J MMM

- 1-4 1st, 2nd and 3rd couples set to partners and, giving right hands, cross over.
- 5-8 1st, 2nd and 3rd couples repeat bars 1-4.
- 9-16 1st couple lead down the middle and up to finish in original places.
- 17-20 1st couple set to each other and cast off one place. 2nd couple step up on 19-20.
- 21-24 1st couple, giving right hands, turn once round to finish in second place own sides.
- 25-32 2nd, 1st and 3rd couples dance six hands round and back.

2) The Punch Bowl

32R

Bk. 5, #5

- 1-4 1st couple, giving right hands, cross over and cast off one place on opposite sides.
- 5-8 1st couple, giving left hands, cross over and cast off below 3rd couple on own sides to finish with first woman, followed by her partner, in the middle of the set facing out between 2nd and 3rd women.
- 9-16 1st woman, followed by her partner, dances between 2nd and 3rd women. 1st woman casts off around 3rd woman and 1st man casts up round 2nd woman. 1st couple meet and, giving right hands, lead between 2nd and 3rd men, cross and cast, 1st woman up round 2nd man and 1st man down round 3rd man to finish with 1st couple in the middle of the set facing down.
- 17-24 1st couple lead down the middle and up to finish facing partner in the middle of the set with both hands joined. 2nd couple step in.
- 25-32 1st and 2nd couples dance a poussette.

3) Lady Susan Stewart's Strathspey

32S

MMM

- 1-8 First couple cast off and dance down behind own lines and then cast up to original places.
- 9-16 1st couple lead down the middle and up the cast off one place. 2nd couple step up on bars 15-16.
- 17-24 2nd, 1st and 3rd couples dance six hands round and back. 1st couple finish facing first corners.
- 25-30 1st couple set to first corners, set to each other, set to second corners and finish facing partner up and down the set.
- 31-32 1st couple clap, and turn right about into second place on own sides of the dance.

4) C'est L'Amour or The Flirt

- 1^{st} woman casts off one place and sets to 2^{nd} man, then casts off again and sets to 3^{rd} man. 2^{nd} woman steps up on bars 1-2 and 3^{rd} woman on bars 5-6. 1-8
- 1st woman casts up one place while 1st man casts off one place, then 1st couple set. 3rd woman steps down and 2nd man steps up on bars 9-10.
- 13-16 1st woman casts up finishing in the middle of the set in top place facing down, while 1st man casts off finishing in the middle of the set in third place facing up, then 1st couple set. 2nd couple step down and 3rd couple step up on bars 13-14.

 17-24 1st woman with 2nd couple and 1st man with 3rd couple dance three hands round and
- back. 2nd and 3rd couples finishing in the middle of the set with nearer hands joined, up, 3rd couple facing down. 2nd couple facing
- 25-28 1st, 2nd and 3rd couples set then 1st couple dance under arches made by 2nd and 3rd couples into second place on own sides. At the same time, 2nd couple dance up to top place and 3rd couple down to third place. 29-32 2nd, 1st and 3rd couples turn partners with right hands.

5) Catch the Wind

32H

Bk 45 #5

- 1st couple set and cast off one place: 2nd couple step up on 3-4. 1-4
- 1st couple dance a half figure of eight round 2nd couple. 5-8
- 1st couple set twice. On bars 11-12, 1st woman pulls back right shoulder to finish facing
- 13-16 1st woman casts up round 2nd man and dances down to finish between 3rd couple facing 3rd man while 1st man dances across the set and casts up round 2nd man to finish between 2nd couple facing 2nd man.
- 17-24 1st man dances a reel of three with 2nd couple passing 2nd man by the right to begin while 1st woman dances a reel of three with 3rd couple passing 3rd man by the right to begin.
- 25-28 1st woman casts up round 3rd man and dances across the set to finish in second place on own side while first man dances down the middle and casts up round 3rd man to finish in second place on own side.
- 29-32 1st couple turn with the right hand once round.

6) The Braes of Mellinish

(2-clp)

32S

Bk.25, #12

- 1st couple, giving right hands, cross over and dance down behind opposite lines. On bar 1-4 3, 2nd couple, casting off, follow 1st couple.
- 2nd and 1st couples turn away from partners and dance up for two steps, 2nd couple 5-8 leading. 2nd woman and 1st man, giving left hands, 2nd man and 1st woman, giving right hands, turn to finish in a line of four, all facing down, 1st couple between 2nd couple.
- 1st and 2nd couple dance down the middle, turning right about to face up on bar 12.
- 13-16 1st and 2nd couples dance up. On bar 14, 1st couple dance ahead off 2nd couple, who dance in behind them. On bars 15-16, 1st couple cast to second place on opposite sides and 2nd couple dance up and cast into first place on own sides.
- 17-24 2nd and 1st couples dance a ladies' chain.
- 25-28 1st couple dance half of figure of eight round 2nd couple.
- 29-32 2nd and 1st couples, giving right hands, turn once around.

- 1st couple dance in and cast off two places. 2nd and 3rd couples step up on bars 3-4. 1-4
- 2nd, 3rd and 1st couples set to partners and, giving right hands, turn halfway round to 5-8 finish in allemande hold, all facing down.
- 2nd, 3rd, and 1st couples dance an allemande. Order now 1, 3, 2 all on opposite sides.
- 17-20 1st man, followed by 3rd and 2nd men cross over and dance down the men's side. At the same time, 1st woman followed by 3rd and 2nd women cross over below the men and dance down the women's side to finish in the order 2,3,1.
- 21-24 1st couple (now in third place) dance up the middle and cast off to second place on own sides. 3^{rd} couple step down on bars 23-24. 25-28 1^{st} woman and 2^{nd} couple, 1^{st} man and 3^{rd} couple dance right hands across once round.
- On bar 28, 1st couple pass by the right.
- 29-32 1st man and 2nd couple, 1st woman and 3rd couple dance left hands across once round. 1st couple finish in second place on own sides.

8) The British Grenadiers

32R

MMM

- 1st, 2nd and 3rd women advance and retire. 1-4
- 1st, 2nd and 3rd men repeat bars 1-4. 5-8
- 1st couple, followed by 2nd and 3rd couples, cast off two places and, giving right hands to partners, lead up to original places.
- 17-24 1st, 2nd and 3rd couples dance six hands round and back. 1st and 2nd couples finish in the middle of the set facing partners with both hands joined. 3rd couple finish in original
- 25-32 1st and 2nd couples dance a pousstte.

9)The Blithest Lass That Ever Was Seen

32S

MMM

- 1st couple, giving both hands, turn and cast off one place. 2nd couple step up. 1-4
- 1st couple, giving both hands, turn and 1st woman casts up to finish between 2nd couple 5-8 who face down and 1st man casts off to finish between 3rd couple who face up.
- All set twice. On bars 11-12, 1st couple turn to their right into second place on opposite 9-12
- 13-16 2nd, 1st and 3rd couples set twice, 1st couple advancing on bar 15, pulling back left shoulders on bar 16 to face first corners.
- 17-24 1st couple set to and turn corners to finish in the middle facing the men's side of the set, 1st woman on her partner's right.
- 25-28 1st couple lead out between 2nd and 3rd men, 1st woman crossing in front of her partner to dance down round 3rd man while 1st man dances up round 2nd man. 1st couple meet in the middle facing the women's side of the set.
- 29-32 1st couple lead out between 2nd and 3rd women, 1st woman crossing in front of her partner to dance up round 2nd woman into second place while 1st man dances down round 3rd woman and crosses into second place on own side.

10) Barley Bree 40J Bk. 13, #4

1-8 1st, 2nd, 3rd and 4th couples advance and retire, then cross, women dancing under arches made by the men; all curve by right after crossing.

- 9-16 Repeat bars 1-8 to original places, men passing under arches made by the women.
- 17-20 1st couple, giving right hands, turn one and a half times.
- 21-22 1st man and 2nd woman, 1st woman and 2nd man, giving left hands, turn once round.
- 23-24 1st couple, giving right hands, turn once round in the middle of the set.
- 25-28 1st couple repeat bars 21-24 with 3rd couple.
- 29-30 1st couple, giving left hands, turn 4th couple once round.
- 31-32 1st couple, giving right hands, turn halfway round to give both hands and form an arch in the middle of the set.
- 33-40 2nd couple, followed by 3rd and 4th couples, cast off to the foot of the set and dance up through the arch to the top. 1st couple step back to the sides on bar 40.

11) The Sailor 32H Bk. 24, #4

- 1-2 1st couple, giving right hands, cross down, 1st woman to face 2nd and 3rd men, 1st man to face 2nd and 3rd women. 2nd couple step up.
 3-4 1st woman with 2nd and 3rd men and 1st man with 2nd and 3rd women, joining nearer
- 3-4 1st woman with 2nd and 3rd men and 1st man with 2nd and 3rd women, joining nearer hands, set.
- 5-8 1st woman casts up round 2nd man to finish between 2nd couple, all facing down, 1st man casts down around 3rd woman to finish between 3rd couple, all facing up. All set in lines of 3 across.
- 9-16 1st woman with 2nd couple and 1st man with 3rd couple dance reels of three across the set. To begin, 1st woman and 2nd man, 1st man and 3rd woman pass by the right. 1st couple finish in 2nd place on opposite sides.
- 17-24 1st couple lead down the middle (2 steps) and up, cross at the top and cast off one place on own sides.
- 25-32 2nd and 1st couples dance rights and lefts.

12) The Sauchie Haugh

32S Leaflet #12

- 1-8 1st couple lead down the middle and up to finish in the middle facing down. 2nd couple step in on bar 8 and face up.
- 9-16 1st and 2nd couples dance the rondel. NOTE: The devisor requested the dancers curve the long way into place at the end of the rondel.
- 17-24 2nd and 1st women, 2nd and 1st men advance one step and retire one step. 2nd and 1st couples, giving both hands, turn partners once round and dance 4 hands round to the left to finish on own sides, 2nd couple in first place and 1st couple in second place.
- 25-32 2nd and 1st couples dance a poussette right round.

MMM

- 1-4 1st couple set and cats off one place. 2nd couple step up on bars 3-4.
- 5-8 1st and 3rd couples dance 4 hands round to the left.
- 9-12 1st couple set and cast up to original place. 2nd coupe step down on bars 11-12.
- 13-16 1st and 2nd couples dance 4 hands round to the left.
- 17-20 1st couple lead down for 2 steps and up for 2 steps to face out.
- 21-24 1st couple casts off one place, turn with the right hand once round, and face down. 2nd couple step up on bars 21-22.
- 25-28 1st couple lead down between 3rd couple and cast up to 2nd place.
- 29-32 2nd, 1st and 3rd couples, giving right hands to partners, turn once round.

14) The Highland Rambler

40R

Leeds Silver Jubilee

- 1-4 1st couple dance in towards each other and cast off one place. 2nd couple step up on bars 3-4.
- 5-8 1st and 3rd couples dance right hands across.
- 9-12 2nd and 1st couples dance left hands across: 1st couple finish facing the women's side of the dance. 1st woman in front of her partner.
- 13-16 1st woman, followed by her partner, casts up round the 2nd woman and dances down the middle to finish between 3rd couple; 1st man finishes between 2nd couple. All face down.
- 17-24 All dance down and, turning right about, all dance up. 1st couple remain facing up on bar 24.
- 25-28 1st man, followed by his partner, casts off to 2nd place on the women's side and crosses to his own side. On bar 28, he pulls back his right shoulder to face his partner.
- 29-32 1st couple turn with the right hand once round, to finish in 2nd place on own sides.
- 33-40 2nd, 1st and 3rd couples dance six hands round and back.

15) Seann Truibhas Willichan (3 cpl set) 32S

Bk. 27 #9

- 1-8 1st couple cast off behind their own lines, then cast up to original places.
- 9-12 1st woman and 2nd man set and change places giving right hands, while 1st man and 2nd woman change places giving right hands and set.
- 13-16 Repeat bars 9-12 back to original places.
- 17-24 11st couple dance down the middle (2 steps), turn once round, dance up to the top and cast off to 2nd place. 2nd couple step up on bars 23-24.
- 25-28 2nd and 1st couples set on the sides, then turn partners with both hands once round, opening up to form a circle.
- 29-32 2nd and 1st couples dance 4 hands once round to the left.

- 1-2 1st and 2nd women, giving left hands, and 1st and 2nd men, giving right hands turn halfway to finish 1st couple back to back in the middle of the set at 2nd place and 2nd couple in 1st place.
- 2^{nd} , 1^{st} and 3^{rd} couples set as in double triangles.
- 5-6 1st and 3rd women, retaining right hands and 1st and 3rd men, retaining left hands, turn halfway to finish 3rd couple back to back in the middle of the set in 2nd place and 1st couple in 3rd place.
- 7-8 2^{nd} , 3^{rd} and 1^{st} couples set as in double triangles.
- 9-16 1st couple, followed by 3rd couple, dance up between 2nd couple to the top, cast off one place and dance down the middle to 3rd place. 1st couple cast up to 2nd place while 3rd couple curve into original places.
- 17-24 1st couple, passing by the left, turn first corner with the right hand, pass partner by the right, turn 2nd corner with the right hand and, passing by the right, cross over to 2nd place on own sides. Corners dance for 4 bars.
- 25-32 2nd, 1st and 3rd couples dance six hands round and back.